



PG DIPLOMA

Facial Aesthetics and
cosmetology



Modules:

Eligibility: MBBS,MD, BDS, MDS, BHMS, BAMS

Course Includes : Live sessions and hands on training

SYLLABUS

BASICS OF DERMATOLOGY

- Anatomy and Functions of Skin
- Structure of Hair
- Types of Hair
- Hair growth cycle
- Principles of Clinical diagnosis

TRICHOLOGY BASICS

- Causes of Hair fall and Hair loss
- Patterns of Baldness and treatments
- Common Hair disorders
- Hair Regrowth therapy
- Hair Mesotherapy
- Hair PRP

COSMETOLOGY BASICS

- Skin types and characteristics
- Tailored treatment according to skin type
- Skin rejuvenation treatment
- Anti-Aging treatment
- Skin whitening treatment
- Medi Facial

CHEMICAL PEELS

- Introduction
- Classification
- Indications
- Contraindications
- Precautions
- Treatment System of Plan
- Post procedure precautions

BODY CONTOURING / SKIN TIGHTENING

- Radiofrequency
- HIFU
- Cryolipolysis
- Neck rejuvenation and tightening

SCAR REVISION

- Subcision
- Mesotherapy
- MNRF

ELECTROCAUTERY

- Mole removal
- Wart removal
- Skin tag removal

LASER

- Introduction
- Fundamental of Lasers
- Types of Lasers
- Skin interaction with laser
- Laser chromophores
- Techniques of laser hair removal
- Addressing Pigmentation issues with laser
- Laser Skin rejuvenation

IV DRIP AND GLUTATHIONE

- Introduction
- Benefits

PRP(PLATELET RICH PLASMA)

- Biology of platelets and role in prp
- Hair GFC
- Techniques of processing and obtaining PRP
- Injecting techniques
- PRP for skin rejuvenation
- PRP for hair rejuvenation

MESOTHERAPY

- Introduction
- Mode of action
- Mesocktails
- Mesotherapy injection techniques
- Meso Botox
- Meso Gun
- Mesotherapy for Skin rejuvenation
- Mesotherapy for Hair rejuvenation
- Mesotherapy for Lipolysis

MICRODERMABRASION / HYDRAFACIAL

- Introduction
- Indication
- Types
- Combination Therapy

BOTULINUM TOXINS

- Facial Anatomy
- Indications
- Mode of actions
- Regional anaesthesia for the face
- Duration of action
- Doses/Dilutions
- Safety and Toxicity
- Complications

DERMAL FILLERS

- Introduction
- Pharmacology of Fillers
- Types
- Injecting Techniques
- Complications-Management

FACIAL THREADS

- Introduction
- Types
- Indications
- Criteria for patient selection
- Stimulating collagen production for skin rejuvenation
- Precautions
- Management of Complications

AESTHETIC CLINIC SETUP

- How to Setup a clinic
- Job opportunities
- Medico legal aspects